

Cascade Bruin News

CASCADE HIGH SCHOOL NEWSLETTER

October 2022

VOLUME 6, ISSUE 2



From the Principal

Dear Cascade Families,

In last month's newsletter I shared that this year was beginning with a strong sense of positivity, and I am excited to report that that energy has continued into the start of this school year. Over the last month I have been impressed by the manner with which our school community has approached this year, and have seen students focused, engaged, and working hard within these first few weeks of school. Watching students positively engage with each other during lunches, classes, sporting events and other important elements of high school, has been wonderful and I think it's accurate to say that we've been so incredibly impressed with all Bruins and so thankful for the support and advocacy that you, their families, have engaged in, to make this such a positive start to the school year. While this last month has been a smooth start to this school year, collectively we have work to do. As the data of last school year has come out, it is clear that while the effects of the last few years were felt statewide, our students and their learning were undoubtedly impacted. Here's a few highlights that illustrate this:

- Our Fall 2021 Reading, Writing, Mathematics, and Science state testing data indicated that students performed lower than previous, non-COVID impacted years. For example, historically our Reading and Writing exams have about 70% of students passing, but for the Fall 2021 state exams, we had a passage rate that was closer to the 50% range. It is important to note that that dip in passing rates was a trend that was definitely true statewide and at our district level and was also not limited to high schools. This does make some sense in that the testing last Fall was coming directly off of the heels of two very disruptive years.
- The silver lining here is this: we saw clear improvement from the Fall to the Spring with clear gains in students passing in both Reading and Writing, Mathematics, and Science state exams. For example, the percentage of students passing Reading and Writing exams went from the 50% range to the 60% range, which represents improvement but not yet at the levels we were prior to the pandemic. It is also important to note though, that our school and district's improvement from the Fall exams to the Spring exams was greater than the average of the state, indicating that the hard work that students, staff, and parents were engaging in last year worked for the most part.
- However, as I indicated earlier, even though our scores last spring *were* improved from the Fall (and this is again true for the state and for our district), they were still not at levels where we were prior to the pandemic, which indicates that we've got some work to do as a community.

One of the ways we want to address these gaps is by increasing and improving the frequency and quality of our collaboration, both as students and as staff. We are trying to raise the bar for students to be participatory and actively engaged within their classrooms because we feel being part of a team and learning how to problem solve is a tremendously important skill that was challenging to develop during the last few years. Here's how you can help us with this mission:

Micheal Takayoshi
Principal

Cascade High School
801 Casino Road,
Everett, WA 98203
www.everettsd.org/cascadehs

October 5

Fall Community Engagement &
Senior Night

October 7

Learning Improvement Friday

October 12

PSAT 3.5 Late Start

October 14

No School – Teacher Workday

October 21

Learning Improvement Friday

October 28

Full Day Schedule



- Like many things in life, it is very hard to be successful at school when students are not here. If we want to try to help students reach their potential, we have to commit as a community to the importance of being on time, in class, engaged, every period, every day. Please share this importance with your child and work with us to help ensure that students are where they need to be – in class and learning.

Additionally, this month, we want to continue to come together as a school community. On the evening of Wednesday, October 5, you are invited to engage with our annual Fall Curriculum Night. More information about the event will be coming to you directly, but our goal is to help you engage with the school, build strong connections with you, and most importantly, help you get access to information that will support both you and your student(s) in being successful at Cascade this year and beyond. We want to help you more effectively establish a system of support for your student and their future beyond high school.

Thank you for being a part of our Cascade community, for being a Bruin. I look forward to working with you and your student throughout this year, as well as during the connection opportunities this month.

Sincerely,

Michael Takayoshi
Principal, Cascade High School
Mtakayoshi@everettsd.org

CHS Homecoming Dance

Saturday, October 22

7:00 to 10:00 pm

CHS

Ticket Presale ~ October 10 to 21

\$10 w/ASB

\$15 w/o ASB

\$25 Guest

Presale tickets sold out of the Bruin Garage in Building 2 ~ before school and both lunches only

*Guest tickets (non-Cascade) must be approved and purchased
by the end of 2nd lunch October 20*

GUEST FORM

Tickets at the Door

\$20 w/ASB

\$25 w/o ASB



Career & College drop in 6:00-8:00pm
FAFSA Completion for Seniors! (Money for college)

Combined with Open House event

- Seniors! Bring your laptop to complete FAFSA!
- 4 year universities, community colleges, community resources, military recruiters, specialty program representatives, And more!

Wednesday, October 5th, 2022

6:00 to 8:00pm

Cascade High School Cafeteria and Gym



For more information e-mail Trish Roberts, Career Specialist,
at troberts@everettsd.org



Fall Community Engagement & Senior Night

Wednesday, October 5

5:30-6:15 ~ Building 2

Community Resources Fair/ CHS Clubs &
Activities Fair

6:00-8:00 ~ Gym

College and Career Fair
Jostens for Cap and Gown Orders

6:15-6:40 ~ Cafeteria

We Are CHS Presentation-Administration

6:45-8:15 ~ Campus

Open House Classroom Visits

This is a quick meet and greet and hear what the
class is about.

*This is not a time for individual student/family conferences
with teachers*



PSAT

Wednesday, October 12th

This fall, 10th graders are taking the PSAT during their school day – please use the Student Guide/Practice Test packets that were given to you to study. Additional resources may be found online:

- www.KhanAcademy.org/SAT
- www.CollegeBoard.org/PSAT

Feel free to reach out with any questions:
 Holly Twedt, Assessment Coordinator
htwedt@everettsd.org

Who is taking the PSAT?

All 10 graders at Cascade High School.

What is the PSAT/NMSQT?

The Preliminary Scholastic Aptitude Test (PSAT) measures reasoning and critical thinking skills students need to succeed in college/careers.

For the class of 2023, it is also the National Merit Scholarship Qualifying Test, which screens students for entrance into the 2023 competition.

Where is the PSAT?

At Cascade High School in Buildings 3 and 6.

How is the PSAT taken?

The PSAT is a proctored, pencil and paper test; all students will be assigned a seat in a specific testing room.

There are three components and four sections to the PSAT:

1. Reading, 60 minutes + 47 passage-based multiple-choice questions
2. Writing & Language, 35 minutes + 44 multiple-choice questions
3. Math, 70 minutes + 48 questions (40 multiple-choice, 8 student-produced response) total
 - a. No Calculator, 25 minutes + 17 questions
 - b. Calculator, 45 minutes + 31 questions

Why is the PSAT important?

Taking the PSAT is required to be entered into the National Merit Scholarship Program. A qualifying high score could earn juniors a Special or Merit Scholarship. The PSAT is also a great trial run for students before they take the higher-stakes SAT!

Good Luck Bruins!





Construction on Casino Road



This school year our campus will be impacted by work being done to the State Route 526 overpass by the Washington State Department of Transportation (WSDOT). The work will be seismic retrofitting the overpass to make the overpass safer in the case of seismic activity. This work will start likely this fall and carry on into the spring and will result in the closure of lanes of traffic

on E Casino Rd as well as our driveway closest to the overpass. East Casino will continue to be open, but please be aware that WSDOT will likely be using the center turn lane on E Casino to maintain two-way traffic during the seismic retrofit work. This will impact our traffic both coming to and leaving campus and will require extra caution as there will be WSDOT workers for this period of time. We've included some diagrams to help clarify where this work will be happening.





Cascade Athletics

Fall sports competitions are now off and running! Congratulations to our football team for their victories over Marysville Getchell, Newport, and Inglemoor. Congratulations to our volleyball team for their win over Mariner. Congratulations to our girls' soccer team for their win over Lakewood. Congratulations to our boys' tennis team for their win over Marysville Pilchuck. And congratulations to our girls' swim team and boys' and girls' cross-country teams for their competitive first meets.

Homecoming is quickly approaching! Homecoming week starts on Monday, October 17th. The following home sports contests are happening during Homecoming week:

- Tuesday: Volleyball vs. Shorewood (C Team and JV at 5:15, Varsity at 7:00)
- Wednesday: Freshman Football vs. Meadowdale at 5:00 on the Cascade turf field
- Thursday: Girls Swimming vs. Glacier Peak at Everett YMCA at 2:30
- Girls Soccer vs. Everett at Everett Memorial Stadium (JV at 5:30, Varsity at 7:30)
- Friday: Football vs. Cedarcrest at Everett Memorial Stadium at 5:00

Winter sports start on Monday, November 14th. The following sports are offered: boys' basketball, boys' wrestling, boys' swim, girls' basketball, girls' wrestling, and girls' bowling (starts October 31st). Remember that you need a current sports physical on file with the school to participate as well as completed eligibility information submitted through Final Forms. The link to Final Forms can be found on the Cascade High School website main page, or you can access the link directly [here](#). We encourage you to join a sport or club this winter. If you have questions about your sports physical or how to complete the online paperwork in Final Forms, come and see Scott Stencil or Rhonda Covert in the main office.

A special note for our fans: Congratulations to our fans at athletic events so far this fall! You have all been exceptional in cheering on our teams and following our 2022 school motto "Be Loud, Be Proud, Be Bruin!". Please continue to model this excellent behavior as we finish fall sports and head into our winter season. Enjoy the games and cheer on your friends and classmates!



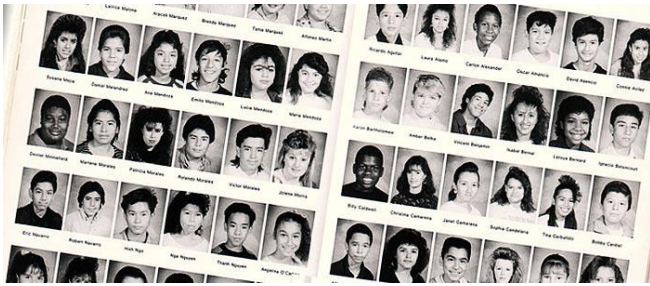


Class of 2023 Senior Timeline of Events!

Important Senior Class Meeting

Tuesday, October 4th
9:20 am – CHS Cafeteria

2022-23 Yearbook Senior Due Dates!



*Senior Portraits are due before: **November 7th**

*Senior Quotes are due before: **November 14th**

*Senior Grad Ads are due before: **March 6th**

[Yearbook website](#)

Class of 2023



Need help figuring out your **next steps**?

Thinking about your **options** & not sure what to do?

Scan the code to check out the **SENIOR JOURNEY CHECKLIST** below!

Have more questions?

Email: naviance@everettsd.org





Counseling Department Information

Counselors:

Jason Himstedt	A - Chi	jhimstedt@everettsd.org	385-6024
Debbie Wade	Cho - Gut	dwade@everettsd.org	385-6021
Anne Jensen	Guy – Li	ajensen@everettsd.org	385-6023
Laura King	Lo - O	lking@everettsd.org	385-6022
Elisabeth O'Brien	P – Sl	eobrien@everettsd.org	385-6009
Pam Richards	Sm - Z	prichards@everettsd.org	385-6025

Support Staff:

Tanys Aris	Success Coordinator - OTG	taris@everettsd.org	385-6027
Phil Brandstetter	Admin Support Para	pbrandstetter@everettsd.org	
Kaeli Campbell	Success Coordinator – ML	kcampbell@everettsd.org	385-6193
Kalie Graham	Success Coordinator – ML	kgraham@everettsd.org	385-6193
Jane Horton	Admin Support Para	jhorton@everettsd.org	
Jana Kosiba	Facilities/Field Trip/Couns. Support Secretary	jkosiba@everettsd.org	385-6093
Debbie Mehaffey	Counseling & Discipline Secretary	dmehaffey@everettsd.org	385-6010
Denise Redford	Intervention Specialist	dredford@everettsd.org	385-6013
Trish Roberts	College & Career Specialist Para	troberts@everettsd.org	385-6030
Stacy Robinson	Student Support Advocate	srobinson@everettsd.org	385-6017
Holly Twedt	Success Coordinator - Assessment	htwedt@everettsd.org	385-6041
Kris Vasquez	Academic Support Para	kvasquez@everettsd.org	385-6049

Psychologist:

Kaitlin Kalkwarf	Resource Students L-Z	kkalkwarf@everettsd.org	385-6037
Ellen Winningham	Resource Students A-K (Extended Resource, Achieve, Life Skills)	ewinningham@everettsd.org	385-6039

Sped Support Staff:

Jamice Fisher	Success Coordinator	jfisher@everettsd.org	385-6169
Joy MacDonald	Paraeducator	jmacdonald@everettsd.org	385-6067

[CHS Counseling Webiste](#)

Looking for Clothing Assistance?



Operation School Bell is a philanthropic program of the Assistance League. This program provides clothing to student who demonstrate need and attend school regularly. Operation School Bell is a non-profit program, totally run by volunteers and is not tax supported or government sponsored. Operation School Bell is by appointment only. Please contact Stacy Robinson, Student Support Advocate at 425-385-6017 or Debbie Mehaffey, Counseling & Discipline Secretary at 425-385-6010 for assistance.

Clothes for Kids is a similar organization located in Lynnwood. Clothes for Kids is by appointment only. Shopping dates are 8/1/22-5/26/23. Please contact Stacy Robinson, Student Support Advocate at 425-385-6017 or Debbie Mehaffey, Counseling & Discipline Secretary at 425-385-6010 for assistance.



27 Parenting Tips for School Success

by *Grace Chen*

From managing homework to avoiding helicopter parenting, this article provides 27 insightful tips for parents to help their children succeed academically.

Parents can play a significant role in the academic success of their children. Unfortunately, many parents don't realize the [importance of their involvement in a child's school career](#) and are not sure how to get involved in a constructive way. In some cases, too much or too little parental involvement becomes detrimental to the child – a difficult obstacle for many to overcome. The good news is that there are relatively easy steps you can take to show your child you are interested in his or her school work and offer the necessary help and support along the way.

The Parent-Child Relationship: A successful school experience begins at home, with the relationship between the parent and child. This process involves developing good habits at home that your child will easily adapt to during the school year. It also incorporates nurturing a comfortable, trusting relationship with your child that will make him more willing to come to you when problems and challenges in the school environment do occur. Some of the ways to encourage your child's success in school include

Good Habits: Good home habits will limit distractions and put schoolwork at the forefront throughout the academic year. First, instill a [love of reading](#) in your child, by keeping plenty of interesting books at home and reading together on a regular basis. Let your child see you sit down with a good book frequently and take trips to the library where you can explore the many interesting subjects together.

Next, limit activities at home that will distract your child from his academic duties. Watching television and playing video games are typically activities that consume more hours than homework in the majority of American households. By the same token, teach your child to use the Internet for constructive purposes like research and limit the amount of time spent randomly surfing online.

Building Relationship: It is important to establish open lines of communication with your child, so he feels like he can come to you when troubles at school start. Talking and listening is something to do together on a daily basis, even if it's just to rehash details of the day. Ask your child about what happened at school, and include open-ended questions like, "What was your favorite thing that happened today?" to get the communication wheels turning.

The Parent-Teacher Relationship: It is important for parents to get to know their children's teachers, creating an open line of communication between the parent and school throughout the school year. [Getting to know your child's teacher](#) is an important component of tuning into where your child is academically and identifying potential problems and obstacles in their earliest stages. Make time to introduce yourself to your child's teacher right at the beginning of the school year, and convey your interest in helping your child succeed academically. Attend [parent-teacher conferences](#) and carefully read all correspondence from your child's teacher and school.

When you are building a relationship with your child's teacher, there are some things to avoid if you want the relationship to be a positive one, including:

- **Do not expect a teacher to single your child out for additional attention.** Teachers have [large classrooms](#) filled with students that have assorted needs, [behavior issues](#) and [learning deficiencies](#). They must divide their time among students as they see fit.
- **Do not blame the teacher if problems arise within the classroom.** Even if the teacher is responsible for the issue, it is much more constructive to focus on solving the problem, rather than placing blame. In the long run, the positive relationship you maintain with the teacher will be much more beneficial for your child.
- **Do not show up for a meeting with the teacher without scheduling it ahead of time.** Teachers are busy people who like to have time to prepare for parent meetings. Schedule the meeting with the teacher at a time that is convenient for both of you, and let the teacher know what you want to talk about so he can prepare accordingly.

Homework Helps: One of the biggest ways parents can get involved in the academic endeavors of their children is through the nightly [homework](#). While most children are not wild about the idea of cracking books at home, homework is an essential task that teaches children to work independently and gives parents a glimpse of what the child is learning. To ensure [homework time](#) is successful, consider the following tips:



- **Establish a Routine and Set Rules about Homework Time:** Children tend to get on homework without grumbling much better if they know when and where homework is supposed to be completed. Simple rules like no television before homework is completed sets priorities and prevents distractions. A routine also teaches the child [good study habits](#) that will carry with him throughout his academic career.
- **Make an Organized Place for Homework Completion:** Like a routine that tells a child when homework should be done, an area of the home set up for the task fosters productivity and focus. A homework corner can be established as early as first grade, when those first sums and writing practice sheets begin to come home. The center should be equipped with all necessary supplies, including paper, pencils, erasers and good lighting so students can put all of their attention on the task at hand.
- **Check Homework to be Sure it Gets Done:** Once a child is finished with his homework, look it over to be sure it is complete and correct. If your child is struggling in a particular subject and you don't feel equipped to help him, find a [tutor](#) or another family member who can walk him through the work. When the homework is completed, don't forget to praise him for a job well done!
- **Dealing with the Underachiever:** One of the most frustrating components for parents who are working to help their children succeed in school can be the underachiever. These bright children may demonstrate their aptitude in some ways, such as [standardized tests](#) or basic interactions with adults, their grades do not reflect their apparent abilities. Parents of these students may devote a significant amount of time and energy into helping these children overcome what may be perceived as study or [learning deficiencies](#) – often to no avail. If an underachiever is in your family, these tips may offer some solutions:
- **Teach the Student Self Control:** When children learn to take control of their desire for immediate gratification, they learn the rewards of their efforts can be far-reaching.
- **Encourage Independence:** Underachieving students usually need to learn to focus on a task and stick with it until completion – without nagging from a parent or teacher. However, this is not an easy lesson for these children to learn, and it takes plenty of time and patience before the concept catches on.
- **Cultivate Will-Power:** Underachieving children need to learn to force themselves to stick with a task until it is finally finished. Will-power might also be referred to as self-discipline, and it is a necessary component for all aspects of a successful life.
- **Consider the Spiritual Side of a Work Ethic:** When students learn to transform negative moods and attitudes into positive, productive outcomes, it can change their entire outlook on life.
- **Teach Personal Responsibility:** Students who do not tend to pull their own weight need to learn that their success or failure rests on them alone – not on their teachers or parents. When students learn that they hold the key to their destiny, they become more motivated to succeed academically.
- **Develop Rational Thinking:** Logical thinking as an important component of succeeding in the real world. Students need to learn to look at the world in realistic terms and meet problems head-on if they are going to see success in their endeavors.
- **Hazards of Helicopter Parenting:** Some parents tend to move to the extreme when it comes to getting involved in their children's academic success. This phenomenon has been referred to as "helicopter parenting" by some experts – the act of hovering over a child, trying to tackle any threat or problem that comes in their child's path. Helicopter parents even take this approach well into the high school and college years, helping students with roommate issues, teacher conflicts and course scheduling.

Characteristics of Helicopter Parents ~ Some of the common characteristics of helicopter parents include:

- **Constant Contact with the Child:** This is particularly true of college students who talk to their parents multiple times a day. However, even high school students who are called by their parents regularly throughout the school day suffer the implications of helicopter parenting.
- **Constant Contact with the School:** Helicopter parents communicate with their child's school for every detail of their child's academic career. By the time children reach the teen years, the students should be expected to interact with teachers and administrators on their own most of the time.
- **Academic Decisions made by Parent not Child:** When a parent decides what courses a child should take or what [extracurricular activities](#) to participate in, helicopter parenting may be the culprit. While advice and input is generally welcome, the actual decisions should be made by the child.
- **Parents Feels Guilty if the Child does not do Well:** Parents who begin to take on a child's accomplishments as their own are probably too involved in the process – a telltale sign of helicopter parenting.
- **Disadvantages of Helicopter Parenting:** While micro-parenting of this sort may seem to offer benefits on the surface, the hazards of this parenting style are far-reaching for the children.



- **Children are Not Able to Mature as They Should:** Helicopter parents stunt their children's academic, psychological and social growth, with impedes them once they get into high school and college. Children of helicopter parents are not allowed to develop independence and problem-solving skills on their own because their parents are always there to smooth the way for them.
- **Parents Become Overly Anxious about Child's Performance:** When parents become overly involved with their children, they also become more anxious about every detail of their children's lives.
- **Schools Must Use Resources to Deal with Parents, Rather than Students:** When parents are meeting with teachers and administrators regularly, there is less time in the school day for student interactions.
- **Overcoming the Helicopter Parenting Syndrome:** If you find yourself fitting into the profile of a helicopter parent, there are things you can do to overcome the syndrome before it becomes any more detrimental to your child. Consider the following steps:
 - **Put the Child in the Driver's Seat:** Instead of calling your child, let your child call you. Encourage your child to try to solve problems on his own before he asks for help. That way, when the call does come, you can rest assured you are offering much-needed assistance rather than taking control of the situation.
 - **Stay out of Personal Conflict:** This would involve issues with friends and even teachers. Encourage your child to solve the problem on his own, and only offer advice when directly asked. Never contact these people on your own in an effort to resolve the situation – that is your child's job.
 - **Develop Your Own Interests:** By cultivating your own hobbies and interests, you have less time and attention to apply to your child's. Remember that when he was young, you were available for all of his needs. Now, he should be prepared to handle the large majority of those needs on his own, freeing you up to develop your own life passions outside of child-rearing.
 - **Learn When to Step In and When to Stay Out:** There are times when you will still be called on to get involved in your child's life, such as when you suspect he is engaging in harmful behavior or gets into a problem beyond his scope of control. The job of a parent never ends, but it does evolve into the role of a coach rather than a caretaker. Learn the difference between the two so you can offer your child healthy, productive support and advice when he needs it.

The role of the parent is a significant one when it comes to the academic success of a child. From teaching your child good homework habits to dealing with specific issues like underachievement, your child needs you to be his coach, advocate, and fiercest fan throughout his academic career.

Tech Needs Your Help!

Tech has been working on recovering last year's devices. We have many students who are still using their devices from last year or previous years and we need to collect those devices. We are calling students down individually to turn in their devices and get a new one. Within the next few weeks, those students continuing to use an old device will see a fine on their student accounts of \$1200. Please turn in any device that was not issued to you this year to the tech office in the library before school or during lunch.





Attendance Reporting

- **Parents/Guardians have 30 days to report their student's absence by e-mail or written note.**
- Please be sure to provide:
 - the student's name
 - the student's ID number
 - the reason for the absence
 - your name
 - attach a doctor's note if applicable

Attendance Email: CHSAffendance@everettsd.org

Attendance Line: 425-385-6004

If you leave a voicemail, please provide a **written note** or email within 30 days of your student's first day back to school.

- [email](#) regarding student absences to the following dedicated email account: CHSAffendance@everettsd.org

The following excuses are considered valid and acceptable per the Everett School District Attendance Policy:

- [Illness](#)
- [Appointment](#)
- [Funeral](#)
- [Emergency](#)
- [Religious Observance](#)

Please note that running late, car trouble, missing the bus or oversleeping are considered unexcused absences

[Pre-Arranged Absence Form](#) This form is not mandatory. It is for teacher/student benefit. In order for an absence to be excused the attendance office must receive an [e-mail](#) with dates and reason for absence.

CASCADE BRUINS



College Entrance Exam Dates 2022-2023

ACT TEST DATES

Register at www.act.org

Test Date	Registration Deadline	Late Deadline
October 22, 2022	September 16, 2022	September 30, 2022
December 10, 2022	November 4, 2022	November 11, 2022
February 11, 2023	January 6, 2023	January 20, 2023
April 15, 2023	March 10, 2023	March 24, 2023
June 10, 2023	May 5, 2023	May 19, 2023
July 15, 2023	June 16, 2023	June 23, 2023

SAT TEST DATES

Register at www.collegeboard.org

SATURDAY Test Date	Registration Deadline	Late Fee Deadlines (online - phone)
August 27, 2022	July 29, 2022	August 16, 2022
October 1, 2022	September 2, 2022	September 20, 2022
November 5, 2022	October 7, 2022	October 25, 2022
December 3, 2022	November 3, 2022	November 22, 2022
March 11, 2023	February 10, 2023	February 28, 2023
May 6, 2023	April 7, 2023	April 25, 2023
June 3, 2023	May 4, 2023	May 23, 2023

CLASSES OF 2017 AND BEYOND*		
SUBJECT	SAT	ACT
Math	430	16
ELA*	410	14
Science	Not required for graduation	

- ✓ The ACT & SAT exams are approved State Graduation Pathways and can be used for credit recovery as well.
- ✓ Contact the Assessment Success Coordinator for assessment graduation requirements or your Counselor.



Worksite Learning

Did you know you can *earn credit for your job outside of school*? Worksite Learning Experience (WSL) allows a student to earn .5 CTE credit for every 180 hours of work at their current job. In addition to school credit, WSL is a great add-on to a college application or student resume!

Students will complete an initial set of paperwork, submit copies of paystubs and focus on learning objectives while they perform their normal job functions.

For more information, contact Bree Youngberg (byoungberg@everettsd.org) or complete the interest form at:

<https://forms.office.com/r/CnHDS9F1w3>. Next steps will be emailed to you after completion of the interest form!



EVERETT SD

Worksite Learning Experience

BREE YOUNGBERG BYOUNGBERG@EVERETTSD.ORG

- 1 Is the student 16 years old and currently working?
- 2 Student meets with WSL Coordinator to verify current / previous enrollment in qualifying course & complete WSL Plan
- 3 Student completes Worksite Learning paperwork and WSL coordinator meets with employer
- 4 Student works 180 hours (.5 CTE credit) or 360 hours (1.0 credit) and submits paystubs to WSL coordinator
- 5 Final employer evaluation is completed and students receive credit for WSL Experience



CASCADE CLOTHING COMPANY

CUSTOM DESIGN APPAREL



NEED CUSTOM-DESIGNED & PRINTED T-SHIRTS OR SWEATSHIRTS? LOOK NO FURTHER THAN THE CASCADE CLOTHING COMPANY!

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PS

CASCADE HIGH SCHOOL SPIRIT GEAR

TEE SHIRTS
 SWEATSHIRTS
 SPIRIT ITEMS

Visit our website for more details:
[HTTPS://WWW.EVERETTSCHOOLSDISTRICTS.ORG/PAGE/39055](https://www.everettschoolsdistricts.org/page/39055)



Let's Connect

In an effort to engage in two-way conversations with families, Everett Public Schools holds hour long Let's Connect sessions to allow families to engage on a topic with either district or school administrators and provide input on specific topics.

The first Let's Connect of the school year is scheduled for October 6 from 6-7 p.m. and is 'in-person' where we will talk about academic needs your student may have and what student achievement means to you. Each region will host this session for their school families and interpreters from prominent languages in our district will be on site.

LET'S CONNECT
 October 6, 2022
 Back to School

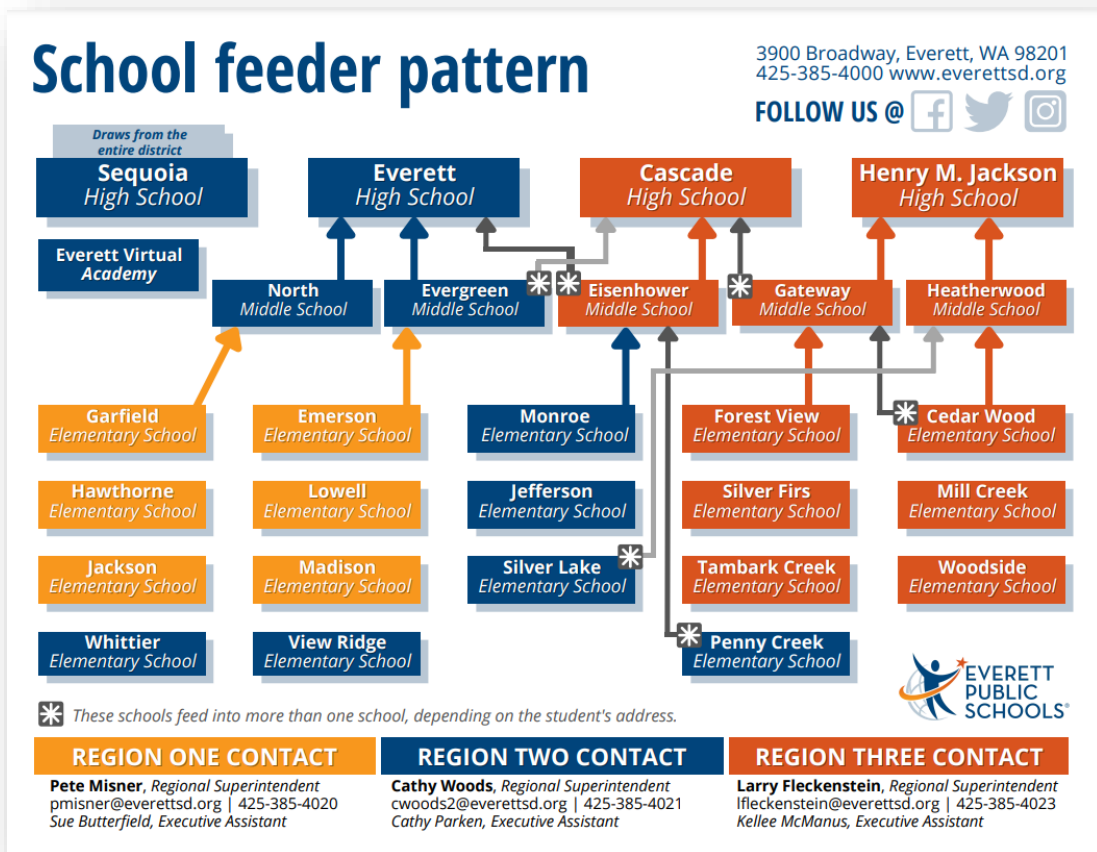
- What are academic needs your student may have?
- What does student achievement mean to you?

Please see the location information below for each region's session and the graphic below to determine the schools in each region.

Region One: Madison ES - Cafeteria

Region Two: Evergreen MS - Cafeteria

Region Three: Heatherwood MS – Cafeteria





Parent University

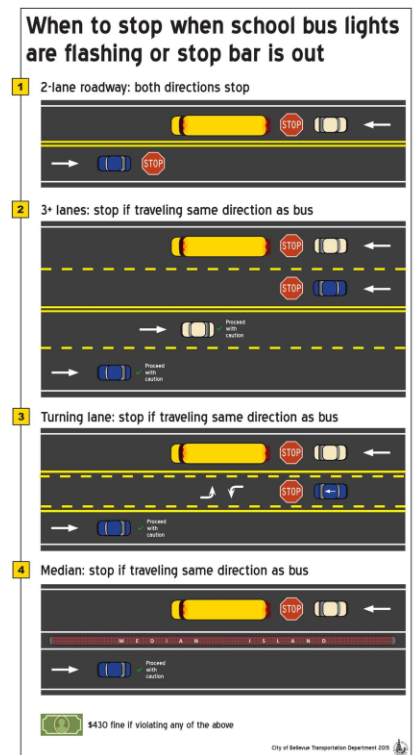
Parent University is an on-demand resource created to help parents and guardians become full partners in their child’s education. Parent and family engagement in education positively impacts the academic and social success of children. Content includes a selection of pre-recorded videos and how-to documents that can be viewed at any time. You will find Parent University, at www.everettsd.org/ParentUniversity.



Safety reminders

As mornings become darker and darker, drivers, please keep an eye out for students walking and waiting at their bus stops. Families, please have your students wait for the bus to come to a complete stop and the flashing lights and stop sign to be fully out before they cross the street. Here is great graphic showing when to stop for school buses, and if you are ever in doubt-- STOP! Other safety reminders include:

- Students and parents should wait on the curb when waiting for the school bus, not off the curb or in the street.
- Do not stand in school crosswalks, obey crossing guards if present.
- Be focused and aware when walking in school parking lots. We encourage walkers to stay off their cell phones while walking. Dark mornings may make it difficult for drivers to see walkers.
- Bicyclist must abide by the same laws as drivers, which means they must stop for school buses when applicable.
- If possible, wear lighter clothing/coats or add something reflective on darker clothing.



Did you miss a call from us?

If you missed a call from your school, please first check your voice mail, email or mobile app for the message rather than calling the school. Schools are often inundated with phone calls from parents after they send an automated call and cannot answer all the calls. If messaging is still not being delivered, then you will need to update your contact information at your school. If your contact information has changed, please let your school know so they can update the system to be able to successfully reach you.



Let's Connect (Conectémonos)

En un esfuerzo de poder entablar una conversación bidireccional con las familias, las Escuelas Públicas de Everett celebran las sesiones de “Let’s Connect” de una hora de duración para permitir a las familias a que participen de un tema con el distrito o con los administradores escolares y puedan proporcionar sus comentarios y opiniones en temas específicos.

La primera sesión de Let’s Connect del año escolar está programada para el 6 de octubre de 6pm a 7pm en persona, en donde se discutirán las necesidades académicas que su estudiante pueda tener y que significa para usted el logro académico. Cada región celebrará esta sesión para sus familias escolares y se contará con intérpretes de los idiomas más destacados de nuestro distrito.

LET'S CONNECT
 6 de octubre de 2022
 Back to School

- ¿Cuáles son las necesidades académicas que pueda tener su estudiante?
- ¿Qué significa para usted el logro académico del estudiante?

Por favor consulte la información sobre la ubicación de las sesiones de cada región y el gráfico que figura a continuación para determinar las escuelas de cada región.

- Región uno: Madison ES - Cafetería
- Región dos: Evergreen MS - Cafetería
- Region Tres: Heatherwood MS – Cafetería





Parent University (Universidad para Padres)

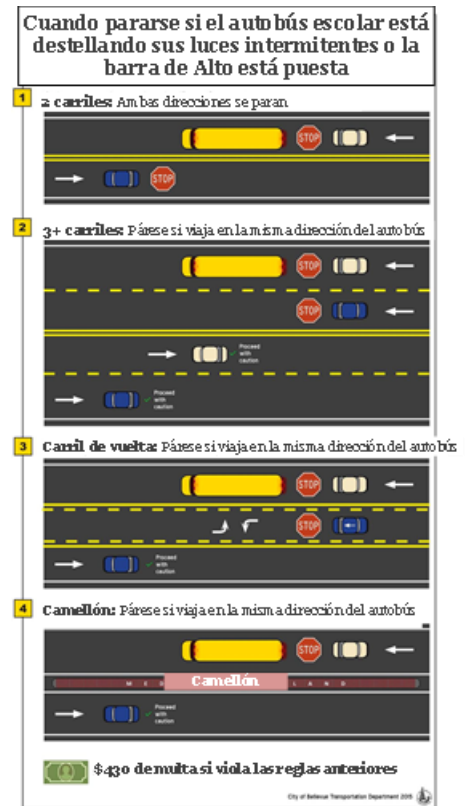


La Universidad para Padres es un recurso en demanda creado para ayudar a los padres y tutores legales a hacerse socios completos en la educación de sus hijos/hijas. La participación de los padres y las familias en la educación afectan positivamente el éxito académico y social de los niños y niñas. El contenido incluye la selección de documentos prácticos que pueden ser vistos en cualquier momento. Usted puede encontrar Parent University en www.everettsd.org/ParentUniversity.

Recordatorios de seguridad

Ahora que las mañanas se están haciendo más oscuras, le pedimos por favor a los conductores que tengan precaución con los estudiantes que están caminando y esperando en las paradas de autobús. Familias, por favor hagan que sus estudiantes se esperen a que el autobús se pare por completo, destelle sus luces intermitentes y despliegue la barra de alto por completo antes de cruzar la calle. Aquí les presentamos una gráfica que muestra cuando detenerse ante los autobuses escolares. Y si tiene duda--¡DETÉGANSE! Otros recordatorios de seguridad incluyen:

- Los estudiantes y los padres deben esperar en la acera cuando esperen el autobús escolar y no abajo de la banqueta o en el arroyo vehicular.
- No se paren en los cruces escolares, obedezca a los guardias de cruce cuando estén presentes.
- Enfóquese y esté alerta al caminar en los estacionamientos escolares. Exhortamos a las personas que caminan que no estén distraídos con sus celulares al ir caminando. Las mañanas oscuras pueden producir dificultades para que los conductores puedan ver a los peatones.
- Los ciclistas deben apegarse a las mismas leyes que los conductores, lo que significa que deben pararse ante los autobuses escolares cuando aplique.
- Si es posible, use ropa/abrigo ligero reflectivo sobre la ropa oscura.



¿Tiene una llamada perdida de nosotros?

Si tiene una llamada perdida de su escuela, primero verifique su correo de voz, email o aplicación móvil para el mensaje, en lugar de llamar a la escuela. Las escuelas están a menudo inundadas con llamadas de los padres después de recibir una llamada automatizada y no pueden responder a todas las llamadas. Si no le están llegando los mensajes, entonces tendrá que actualizar su información de contacto en su escuela. Si su información de contacto ha cambiado, por favor, avise a su escuela para que puedan actualizar el sistema y poder contactarlo.



3900 Broadway
Everett, WA 98201
425-385-4000
www.everettsd.org

• Everett Public Schools does not discriminate in any programs or activities on the basis of sex, race, creed, religion, color, national origin, age, veteran or military status, sexual orientation, gender expression or identity, disability, or the use of a trained dog guide or service animal and provides equal access to the Boy Scouts and other designated youth groups. The following employees have been designated to handle questions and complaints of alleged discrimination:

• **Title IX/Civil Rights Compliance Officer:**

• Kevin Allen
• 425-385-4100
• KAllen@everettsd.org
• PO Box 2098
• Everett, WA 98213

Section 504 Coordinator:

Dave Peters
425-385-4063
DPeters@everettsd.org
PO Box 2098
Everett, WA 98213

ADA Coordinator:

Randi Seaberg
425-385-4104
RSeaberg@everettsd.org
PO Box 2098
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• Las escuelas públicas de Everett no discriminan en ninguno de sus programas o actividades por sexo, raza, credo, religión, color, país de origen, edad, estado veterano o militar, orientación sexual, expresión de género o identidad, discapacidad, o el uso de perros guía entrenados o animales de servicio, y provee con acceso equitativo a los Boy Scouts y a otros grupos juveniles designados. Los siguientes empleados han sido designados para gestionar las preguntas y quejas de presuntos actos de discriminación.

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